



FREE SUMMER LUNCH PROGRAM

Check Out Our
New Location!

Hays Public Library

(Lower Level)

1205 Main Street
11:30am—1:00pm

Kids 18 & Under

ADULT MEALS = \$3.75

Milk Is Served with
Every Meal

USD 489 Nutrition Services
Jessica Younker, Director
323 W. 12th St.
Hays KS 67601

Menu Subject to Change

This Institution is an Equal
Opportunity Provider.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Boneless Chicken Wings French Fries Sliced Carrots Peaches Roll	2 Macaroni & Cheese Little Smokies Peas Cantaloupe Breadstick	3 Chicken Quesadilla Refried Beans Mixed Veggies Orange Wedges	4 Independence Day No Service	5 BBQ Pork Sandwich Baked Beans Cheesy Cauliflower Tropical Fruit Salad
8 Beef Fritter Mashed Potatoes & Gravy Green Beans Grapes Roll	9 Tacos Mexican Rice Corn Strawberries	10 Corn Dog Curly Fries Relishes Banana	11 Italian Pasta Bake Spinach Salad Glazed Carrots Apple Wedges Garlic Toast	12 Turkey Sandwich Pasta Salad Broccoli & Cauliflower Pineapple
15 Hamburger Tater Tots Carrots Peaches	16 Chicken Breast Sandwich Seasoned Rice Cheesy Broccoli Watermelon	17 Beef Pizza Romaine Salad Peas & Carrots Strawberries & Bananas	18 Crispito Refried Beans Mixed Veggies Grapes	19 Sloppy Joe Sweet Potato Fries Calif. Blend Veggies Peaches
22 Breakfast Pizza Hash Browns Peas Mandarin Oranges	23 Nachos Refried Beans Corn Cantaloupe	24 Steak Fingers Mashed Potatoes & Gravy Green Beans Banana Roll	25 Rib Sandwich Coleslaw Relishes Apple Wedges	26 Hot Dog French Fries Glazed Carrots Pears
29 Chicken Nuggets Curly Fries Mixed Veggies Strawberries	30 Cherry Blossom Chicken Oriental Rice Peas & Carrots Pineapple Breadstick	31 Italian Dunkers Spinach Salad Carrots Watermelon	Aug 1 Corn Dog Baked Beans Peas Grapes	Aug 2 LAST DAY Dominos Pizza Party Romaine Salad Calif. Mixed Veggies Peaches

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