

Breakfast

Meal Prices

Student—Full Pay	1.70
Student—Reduced Price	.30
Adult Price	2.20
Extra Milk	.40



Milk is served with
Every Meal.

USD 489 Nutrition Services
Jessica Younker, Director
323 W. 12th St.
Hays KS 67601

Menu Subject to Change
This Institution is an Equal Opportunity Provider.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast Pizza Mandarin Oranges Cereal Choice Juice Choice	4 Fruit Bread Pears Cereal Choice Juice Choice	4 Biscuit & Gravy Orange Wedges Cereal Choice Juice Choice	6 Yogurt Parfait Fruit Salad Chunks Cereal Choice Juice Choice	7 Breakfast Cake Pineapple Cereal Choice Juice Choice
10 Waffle Applesauce Cereal Choice Juice Choice	11 Egg Taco Grapes Cereal Choice Juice Choice	12 Fruit Churro Banana Cereal Choice Juice Choice	13 Breakfast Bar Pineapple Tidbits Cereal Choice Juice Choice	14 Donut Apricots Cereal Choice Juice Choice
17 Pancake Wrap Pears Cereal Choice Juice Choice	18 Muffin Pineapple Chunks Cereal Choice Juice Choice	19 Mini Corn Dogs Tropical Fruit Salad Cereal Choice Juice Choice	20 Muffin Banana Cereal Choice Juice Choice	21 Cinnamon Roll Pineapple Cereal Choice Juice Choice
24 Winter Recess No School	25 Winter Recess No School	26 Winter Recess No School	27 Winter Recess No School	28 Winter Recess No School
31 Winter Recess No School	December			

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