

SUMMER FOOD SERVICE PROGRAM

Early Childhood
Connections
(Formally Washington Elementary)
305 Main Street
11:30am—1:15pm

Free for all Kids
18 & Under!!
ADULT MEALS = \$3.75



Milk Is Served with
Every Meal

USD 489 Nutrition Services
Jessica Younker, Director
323 W. 12th St.
Hays KS 67601

Menu Subject to Change

This institution is an equal opportunity
provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Boneless Chicken Wings French Fries Sliced Carrots Peaches Roll	3 Macaroni & Cheese Little Smokies Peas Cantaloupe Breadstick	4 Independence Day No Service	5 Chicken Quesadilla Refried Beans Mixed Veggies Orange Wedges	6 BBQ Pork Sandwich Pasta Salad Cheesy Cauliflower Tropical Fruit Salad
9 Beef Fritter Mashed Potatoes & Gravy Green Beans Grapes Roll	10 Tacos Mexican Rice Corn Strawberries	11 Corn Dog Curly Fries Relishes Banana	12 Italian Pasta Bake Spinach Salad Glazed Carrots Apple Wedges Garlic Toast	13 Ham & Cheese Sandwich Scalloped Potatoes Broccoli & Cauliflower Pineapple
16 Hamburger Tater Tots Carrots Peaches	17 Chicken Breast Sandwich Seasoned Rice Cheesy Broccoli Watermelon	18 Beef Pizza Romaine Salad Peas & Carrots Strawberries & Bananas	19 Crispito Refried Beans Mixed Veggies Grapes	20 Sloppy Joe Sweet Potato Fries Calif. Blend Veggies Oranges
23 Breakfast Pizza Hash Browns Peas Mandarin Oranges	25 Nachos Refried Beans Corn Cantaloupe	25 Steak Fingers Mashed Potatoes & Gravy Green Beans Banana Roll	26 Rib Sandwich Coleslaw Relishes Apple Wedges	27 Hot Dog French Fries Glazed Carrots Pears
30 Chicken Nuggets Seasoned Rice Mixed Veggies Strawberries	31 French Toast Scrambled Eggs Sausage Links Hash Browns Mandarin Oranges	Aug 1 Fish Sandwich Fries Carrots Pineapple	Aug 2 Corn Dog Baked Beans Peas Grapes	Aug 3 LAST DAY Dominos Pizza Party Romaine Salad Calif. Mixed Veggies Peaches

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