

LUNCH

Meal Prices

Student-Full Pay-High School	2.90
Student-Full Pay-Middle	2.80
Student-Full Pay-Elementary	2.65
Student—Reduced Price	.40
Adult Price	3.60
Extra Milk	.40



Milk is served with
Every Meal.

*USD 489 Nutrition Services
Jessica Younker, Director
323 W. 12th St.
Hays KS 67601*

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 No School	3 No School	4 Crispito Refried Beans Corn Peaches	5 Spiral Dogs Tater Tots Baby Carrots Pineapple Tidbits
8 Breakfast Pizza Hash Browns Peas Cinnamon Apples	9 Italian Dunkers Spinach Salad Mixed Veggies Orange Wedges	10 Beef Fritter Mashed Potatoes & Gravy Green Beans Banana Roll	11 Grilled Chicken Sandwich Sweet Potato Fries Calif. Blend Veggies Tropical Fruit Salad	12 Mac & Cheese Little Smokies Glazed Carrots Grapes Breadstick
15 No School	16 Chicken Nuggets Seasoned Rice Garden Veggies Fruit Salad Chunks Roll	17 Super Nachos Refried Beans Corn Apples	18 Hot Dog / Chili Dog Curly Fries Broccoli & Cauliflower Pears	19 Scrambled Eggs Sausage Links French Toast Hash Browns Mandarin Oranges
22 Steak Fingers Mashed Potatoes & Gravy Green Beans Pineapple Chunks Roll	23 Rib Sandwich Baked Beans Cheesy Broccoli Orange Wedges	24 Spaghetti & Meat Sauce Romaine Salad Sliced Carrots Strawberries & Bananas Garlic Toast	25 Corn Dog French Fries Peas & Carrots Grapes	26 Cheese Sandwich Vegetable Soup Calif. Blend Veggies Frozen Fruit
29 Chicken & Noodles Mashed Potatoes Peas Peaches Breadstick	30 Chili Relishes Corn Applesauce Cinnamon Roll	31 BBQ Pulled Pork Sandwich Coleslaw Cheesy Cauliflower Banana		

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