

EARLY CHILDHOOD

CONNECTIONS
(FORMALLY WASHINGTON ELEMENTARY)
305 MAIN STREET
11:30AM—1:15PM

FREE FOR ALL STUDENTS!!



MILK IS SERVED WITH EVERY MEAL

USD 489 Nutrition Services Jessica Younker, Director 323 W. 12th St. Hays KS 67601

Menu Subject to Change

	Monday	Tuesday	Wednesday	Thursday	Friday
	May 29 Memorial Day No Service	May 30 Beef Fritter Mashed Potatoes & Gravy Mixed Vegetables Kiwi Roll	May 31 Chicken Quesadilla Mexican Rice Sliced Carrots Banana Half	1 BBQ Pork Sandwich Baked Beans Green Beans Watermelon	2 Macaroni & Cheese Little Smokies Broccoli & Cauliflower Pears Breadstick
7)	5 Tacos Refried Beans Corn Orange Wedges	6 Chicken Nuggets Tater Tots Cheesy Broccoli Strawberries Breadstick	7 Hot Ham & Cheese Sandwich Coleslaw Peas Grapes	8 Italian Pasta Bake Romaine Salad Glazed Carrots Apple Wedges Garlic Toast	9 Corn Dog French Fries Relishes Pineapple
	12 Chicken Breast Sandwich Pasta Salad Cheesy Cauliflower Cantaloupe	13 Beef Pizza Spinach Salad Peas & Carrots Banana	14 Breaded Fish Filet Fries Mixed Vegetables Watermelon Roll	15 Sloppy Joe Sweet Potato Fries Calif. Blend Veggies Strawberries & Bananas	16 Super Nachos Mexican Rice Corn Peaches
•	19 Breakfast Pizza Hash Browns Peas Mandarin Oranges	Hot Dog Curly Fries Sliced Carrots Strawberries	21 Crispito Refried Beans Broccoli/Cauliflower Grapes	22 Chicken Strips Seasoned Rice Green Beans Kiwi Breadstick	23 Hamburger Baked Beans Relishes Apple Wedges
	26 Rib Sandwich Tater Tots Glazed Carrots Watermelon	27 Grilled Chicken Sandwich Sweet Potato Fries Cheesy Broccoli Strawberries & Bananas	28 Taco Salad Mexican Rice Corn Orange Wedges	29 Steak Fingers Mashed Potatoes & Gravy Peas & Carrots Banana Roll	30 Deli Turkey Sandwich Pasta Salad Calif. Blend Veggies Frozen Fruit Mix