

EARLY CHILDHOOD CONNECTIONS

(FORMALLY WASHINGTON ELEMENTARY)
305 MAIN STREET

11:30AM-1:15PM

FREE FOR ALL STUDENTS!!



MILK IS SERVED WITH EVERY MEAL

USD 489 Nutrition Services Jessica Younker, Director 323 W. 12th St. Hays KS 67601

Menu Subject to Change

	Monday	Tuesday	Wednesday	Thursday	Friday
	3 Boneless Chicken Wings French Fries Sliced Carrots Peaches Roll	4 Independence Day No Service	5 Macaroni & Cheese Little Smokies Peas Cantaloupe Breadstick	6 Chicken Quesadilla Refried Beans Mixed Vegetables Orange Wedges	7 BBQ Pork Sandwich Coleslaw Cheesy Cauliflower Tropical Fruit Salad
)	10 Beef Fritter Mashed Potatoes & Gravy Green Beans Grapes Roll	11 Tacos Mexican Rice Corn Strawberries	12 Corn Dog Curly Fries Relishes Banana	13 Italian Pasta Bake Spinach Salad Glazed Carrots Apple Wedges Garlic Toast	14 Hot Ham & Cheese Sandwich Scalloped Potatoes Broccoli & Cauliflower Pineapple
_	17 Hamburger French Fries Carrots Peaches	18 Chicken Breast Sandwich Seasoned Rice Cheesy Broccoli Watermelon	19 Beef Pizza Romaine Salad Peas & Carrots Strawberries & Bananas	20 Crispito Refried Beans Mixed Vegetables Grapes	21 Sloppy Joe Sweet Potato Fries Calif. Blend Veggies Frozen Fruit Mix
h	24 Breakfast Pizza Hash Browns Peas Mandarin Oranges	25 Nachos Mexican Rice Corn Cantaloupe	26 Steak Fingers Mashed Potatoes & Gravy Green Beans Banana Roll	27 Rib Sandwich Coleslaw Relishes Apple Wedges	28 LAST DAY Hot Dog French Fries Glazed Carrots Pears
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